



- [« Back Home](#)
- [Blog](#)

Love cereal .. LOVEDEAN



[Lovedean](#) is seriously delicious, health conscious granola cereal. They sent AFAABD some and, as connoisseurs of cereal, we give it top marks for deliciousness. It is so surprisingly tasty that it even won the Great Taste Awards gold medal twice!

There are four different varieties of Lovedean Granola - The Famous Original, The Lite Fantastic - which is a lite version with 37% less fat, Tangy Cranberry and Juicy Date and Apple. Each variety comes in four different sizes from a big pot to a tiny individual portion pot.

Lovedean granola is 100% all natural, high fibre, preservative free, has no added sugar or salt, no cholesterol, no E numbers and no trans-fats. It also has a low glycaemic index. This makes it an excellent breakfast as it provides good, slow-release energy to last throughout the day.

Guess what, we have some Lovedean Granola cereal to give to you lucky AFAABD members .. if you would like to try it send us an email to office@afaabd.com with the subject line: "I want Lovedean cereal .." and subject to availability we will send you some.

- Posted by afaabd office on August 27th, 2008
- Filed under [Fit Food and Drink](#), [Freebies!](#)
- You can follow any responses to this entry through the [RSS 2.0](#) feed.

Leave a Reply

Name (required)

Email (will not be published) (required)

Website